

Sermon Notes

**ST. MATTHEW**

August 7 & 8, 2021



Reset Refresh Renew

Greetings Friends,

“I am the Bread of Life,” says Jesus. We are in the second week of three weeks in John 6—the Bread of Life Chapter. So far Jesus has fed the 5000 using loaves of bread and some fish. Because He did that, He’s the most popular rabbi in town and people are hanging around. In last week’s verses, we saw Jesus moving the crowds from the topic of physical hunger, physical food and physical nutrition to the idea of spiritual hunger, spiritual food and spiritual nutrition.

Last week we looked at spiritual carbohydrates. For our bodies, carbohydrates are our energy source. Last week we saw that the Bread of Life, Jesus is our spiritual carb, our energy source to live up to this demanding calling He has placed on us.

Today we want to look at spiritual proteins. Physical proteins do a lot. They play a complex and critical role in our bodies. But to keep it simple, 2 of the main things they do is to serve as building blocks to repair our bodies and “messengers” that help our bodies carry out their functions. Today we look at how the Bread of Life does that for us, His Body.

Grace and Peace and alleluia!,  
Pastor Bill Hugo

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**WORSHIP NOTES:** Saturday=Our thanks to Colette Svanoe for sharing her keyboard talents with us. Sunday=A trio, made up of Ben, Brenda, and Chris Hugo will present Psalm 34, the psalm of the day, in a setting by Marty Haugen. The verse of the day will be sung by a small group: Brooke Edberg, Cheryl Fristad, Ben Hugo, and Deb Santillo. Our thanks to the music team, special musicians, and to all other worship assistants for their leadership throughout the weekend. To God be the glory!

Prayers for the Week of August 8

**Mary Von Barga**n is in hospice care. **Philip Boe** passed away. Prayers for **Jo Ann Kewatt** and family at the death of her niece/Godchild, Jane Lorsung.

***GIVING TO THE LORD***

Weekly Worship Attendance: 65  
August Tithes & Offerings to date: \$3,587  
August Budgeted Offerings: \$36,106

Bill Hugo, Pastor † Carol Blase, Coordinator of Music  
Brenda Hugo, Coordinator of Children’s Ministries † Faustina Allen, Director of Teen Ministries  
Kathy Rosenberg, Parish Nurse † Sarai Kretschman, Pastoral Care Assistant † Martin Cornes, Vicar  
Julie Allen, Office Manager † Julie Sventek, Director - DCLC - 763-789-4030

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## WEEKLY CALENDAR

### Monday, August 9

4:30 PM DCLC BOARD MEETING

### Tuesday, August 10

7:30 AM MEN'S BIBLE STUDY ONLINE

### Wednesday, August 11

1:00 PM BEFRIENDERS

6:45 PM BEFRIENDERS

### Saturday, August 14

5:30 PM WORSHIP SERVICE

### Sunday, August 15

8:30 AM ADULT BIBLE CLASS IN PERSON & on ZOOM

9:00 AM SUNDAY SCHOOL- CHILDREN/YOUTH

10:00 AM WORSHIP SERVICE IN PERSON & ONLINE

**POSTPONED!**

**GOLDEN AGERS:** Our apologies, but it's been decided that it's best for the health and safety of all to postpone the Golden Ager lunch and gathering

this Tuesday August 10th due to the increased pandemic concerns.

Please call Parish Nurse Kathy Rosenberg on Tuesday to connect by phone instead that day at 612-296-1812. Thank you for your patience and understanding.

Many thanks to everyone who prayed and extended get-well wishes for my ear infection and my balance, hearing and sight issues, and the affects of Bell's Palsy. Recovery is very slow, but is steady and the therapy I'm taking is helping. There is great power in prayer! Blessings to all. — Carl Molin

*Thank You!*

Join Us for Women's Fellowship!

Wednesday, August 18th at 9:30 am in the Willer Room.

All women are invited.

TAKE HOME DETAILS AVAILABLE IN NARTHEX

Pick one up today!

**Children's Ministries:** (contact: [brenda.hugo@stmatthew-ch.org](mailto:brenda.hugo@stmatthew-ch.org))



### Summer Sunday School

Through Aug. 29, 9:00-9:45 am; "The Non-Avengers: Bible Heroes Who Forgave"

The Non-Avenger we learned about today? [DVD choice \('David/Abigail/Nabal' or 'The Sinful Woman' or 'Forgiveness'\)](#)

**"REVEAL" PARTY PICNIC!** You are cordially invited to attend a picnic at Huset Park, 3965 Jefferson St. NE, on Sunday, Aug. 29<sup>th</sup>, beginning at noon, sponsored by St. Matthew Community Theater. We will be "revealing" the title of our 2022 spring show at this free event. Hog dogs, lemonade and water, and all tableware will be provided. Please bring a dish to share. RSVP to Carol Blase (763-788-9427 or [carolblase@juno.com](mailto:carolblase@juno.com)) by Aug. 25<sup>th</sup>.

**KICK-OFF SERVICE** for our new ministry year is Sunday, Sept. 12, 10:00 a.m. in the church parking lot. Make plans to attend!

**Caring Ministries** (contact: [sarai.kretschman@stmatthew-ch.org](mailto:sarai.kretschman@stmatthew-ch.org))



**BeFriends**—Please pray for those who are deciding to be a part of the BeFriender training in October and those who will be leading.

**GriefShare**—Volunteer - We are still looking for 2-3 people who are willing to help co-lead our GriefShare group. This would provide backup if anyone is ill or has a conflict with one of the weeks. If you would like to volunteer or learn more about the position, please contact Sarai Kretschman, Pastoral Care Assistant, at [sarai.kretschman@stmatthew-ch.org](mailto:sarai.kretschman@stmatthew-ch.org).